

Carbon Valley Parks and Recreation District
Activity Pool Schedule - September 3 - 9, 2023



		Activity Pool															
		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday									
5:30 - 6 am	Pool open 10 am - 4:30 pm	Pool open 10 am - 4:30 pm	Labor Day Pool Open 7a-2:30p	Adult Water Walking	Adult Water Walking	Adult Water Walking	Adult Water Walking	Pool open 7:30 am - 4:30 pm	5:30 - 6 am								
6 - 6:30 am				6 - 6:30 am													
6:30 - 7 am				6:30 - 7 am													
7 - 7:30 am				Open Swim	Slide Available	River Strength	River Strength		River Strength	River Circuit	7 - 7:30 am						
7:30 - 8 am						7:30 - 8 am											
8 - 8:30 am						8 - 8:30 am											
8:30 - 9 am				Open Swim	Slide Available	Adult Water Walking	River Strength		Adult Water Walking	Water Barre'	Parent Tot Hour	8:30 - 9 am					
9 - 9:30 am						9 - 9:30 am											
9:30 - 10 am						9:30 - 10 am											
10 - 10:30 am	Open Swim	Slide Available	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	CLOSED - Swim Lessons	10 - 10:30 am								
10:30 - 11 am									10:30 - 11 am								
11 - 11:30 am									11 - 11:30 am								
11:30 - noon									11:30 - noon								
12 - 12:30 pm									12 - 12:30 pm								
12:30 - 1 pm									12:30 - 1 pm								
1 - 1:30 pm									1 - 1:30 pm								
1:30 - 2 pm									1:30 - 2 pm								
2 - 2:30 pm									2 - 2:30 pm								
2:30 - 3 pm	Labor Day Pool Open 7a-2:30p	Labor Day Pool Open 7a-2:30p	Open Swim	Slide Available	Open Swim	Open Swim	Open Swim	Slide Available	2:30 - 3 pm								
3 - 3:30 pm									3 - 3:30 pm								
3:30 - 4 pm									3:30 - 4 pm								
4 - 4:30 pm									4 - 4:30 pm								
4:30 - 5 pm									Pool open 10 am - 4:30 pm	Pool open 10 am - 4:30 pm	CLOSED - Swim Lessons	Open Swim	Slide Available	CLOSED - Swim Lessons	Open Swim	Slide Available	4:30 - 5 pm
5 - 5:30 pm																	5 - 5:30 pm
5:30 - 6 pm																	5:30 - 6 pm
6 - 6:30 pm																	6 - 6:30 pm
6:30 - 7 pm																	6:30 - 7 pm
7 - 7:30 pm	7 - 7:30 pm																
7:30 - 8 pm	7:30 - 8 pm																
8 - 8:30 pm	8 - 8:30 pm																
8:30 - 9 pm	8:30 - 9 pm																
		Pool open 5:30 am - 8:30 pm Monday - Friday															

- There is no open swim during our group swim lesson times
- During Parent Tot Hour, the water features are not turned on and is designated for kids under the age of 6
- If the slide is not on during the times above, ask a lifeguard and they can open it up for you
- The hot tub and steam room are open to guests age 9 and up all day
- This schedule is subject to change without notice

Color Code Key
Fitness classes
Adult water walking
Open Swim
Slide Available
Parent Tot Hour
Swim lessons