

Carbon Valley Parks and Recreation District
Activity Pool Schedule - September 17 - 30, 2023



		Activity Pool									
		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
5:30 - 6 am	Pool open 10 am - 4:30 pm		Adult Water Walking	Adult Water Walking	Adult Water Walking	Adult Water Walking	Adult Water Walking	Pool open 7:30 am - 4:30 pm	5:30 - 6 am		
6 - 6:30 am				6 - 6:30 am							
6:30 - 7 am				6:30 - 7 am							
7 - 7:30 am			River Strength	Adult Water Walking	River Strength	Adult Water Walking	River Strength		Adult Water Walking	7 - 7:30 am	
7:30 - 8 am										7:30 - 8 am	
8 - 8:30 am			River Circuit	Adult Water Walking	Adult Water Walking	Adult Water Walking	River Circuit		River Circuit	8 - 8:30 am	
8:30 - 9 am			8:30 - 9 am								
9 - 9:30 am			Adult Water Walking	Adult Water Walking	River Strength	Adult Water Walking	Water Barre'		Parent Tot Hour	CLOSED - Swim Lessons	9 - 9:30 am
9:30 - 10 am											9:30 - 10 am
10 - 10:30 am	Open Swim Slide Available	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim Slide Available	10 - 10:30 am		
10:30 - 11 am									10:30 - 11 am		
11 - 11:30 am									11 - 11:30 am		
11:30 - noon									11:30 - noon		
12 - 12:30 pm									12 - 12:30 pm		
12:30 - 1 pm									12:30 - 1 pm		
1 - 1:30 pm									1 - 1:30 pm		
1:30 - 2 pm									1:30 - 2 pm		
2 - 2:30 pm									2 - 2:30 pm		
2:30 - 3 pm	Pool open 10 am - 4:30 pm	Open Swim	CLOSED - Swim Lessons	Open Swim	Slide Available	CLOSED - Swim Lessons	Open Swim	Slide Available	2:30 - 3 pm		
3 - 3:30 pm									3 - 3:30 pm		
3:30 - 4 pm									3:30 - 4 pm		
4 - 4:30 pm			Pool open 10 am - 4:30 pm	Open Swim	Slide Available	Open Swim	Slide Available	Open Swim	Slide Available	Pool open 7:30 am - 4:30 pm	4 - 4:30 pm
4:30 - 5 pm											4:30 - 5 pm
5 - 5:30 pm											5 - 5:30 pm
5:30 - 6 pm											5:30 - 6 pm
6 - 6:30 pm											6 - 6:30 pm
6:30 - 7 pm											6:30 - 7 pm
7 - 7:30 pm	Open Swim	Slide Available	Open Swim	Slide Available	Open Swim	Slide Available	Open Swim	Slide Available	7 - 7:30 pm		
7:30 - 8 pm									7:30 - 8 pm		
8 - 8:30 pm									8 - 8:30 pm		
8:30 - 9 pm	Pool open 5:30 am - 8:30 pm Monday - Friday								8:30 - 9 pm		

- There is no open swim during our group swim lesson times
- During Parent Tot Hour, the water features are not turned on and is designated for kids under the age of 6
- If the slide is not on during the times above, ask a lifeguard and they can open it up for you
- The hot tub and steam room are open to guests age 9 and up all day
- This schedule is subject to change without notice

Color Code Key
Fitness classes
Adult water walking
Open Swim
Slide Available
Parent Tot Hour
Swim lessons