

Carbon Valley Parks and Recreation District
Activity Pool Schedule - August 28 - September 2, 2023



		Activity Pool																			
		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday													
5:30 - 6 am	Pool open 10 am - 4:30 pm		Adult Water Walking	Adult Water Walking	Adult Water Walking	Adult Water Walking	Adult Water Walking	Adult Water Walking	Pool open 7:30 am - 4:30 pm			5:30 - 6 am									
6 - 6:30 am															6 - 6:30 am						
6:30 - 7 am																6:30 - 7 am					
7 - 7:30 am										River Strength		River Strength					7 - 7:30 am				
7:30 - 8 am																	7:30 - 8 am				
8 - 8:30 am																	8 - 8:30 am				
8:30 - 9 am										Adult Water Walking		Adult Water Walking		River Circuit	Adult water walking			8:30 - 9 am			
9 - 9:30 am											River Strength		Water Barre'	Parent Tot Hour				9 - 9:30 am			
9:30 - 10 am																		9:30 - 10 am			
10 - 10:30 am	Open Swim	Slide Available	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Slide Available		10 - 10:30 am									
10:30 - 11 am																				10:30 - 11 am	
11 - 11:30 am																					11 - 11:30 am
11:30 - noon																					11:30 - noon
12 - 12:30 pm																					12 - 12:30 pm
12:30 - 1 pm																					12:30 - 1 pm
1 - 1:30 pm																					1 - 1:30 pm
1:30 - 2 pm																					1:30 - 2 pm
2 - 2:30 pm																					2 - 2:30 pm
2:30 - 3 pm											2:30 - 3 pm										
3 - 3:30 pm											3 - 3:30 pm										
3:30 - 4 pm											3:30 - 4 pm										
4 - 4:30 pm											4 - 4:30 pm										
4:30 - 5 pm	Pool open 10 am - 4:30 pm		Open Swim	Slide Available	Open Swim	Slide Available	Open Swim	Slide Available	Open Swim	Slide Available	Pool open 7:30 am - 4:30 pm	4:30 - 5 pm									
5 - 5:30 pm													5 - 5:30 pm								
5:30 - 6 pm														5:30 - 6 pm							
6 - 6:30 pm														6 - 6:30 pm							
6:30 - 7 pm														6:30 - 7 pm							
7 - 7:30 pm														7 - 7:30 pm							
7:30 - 8 pm														7:30 - 8 pm							
8 - 8:30 pm														8 - 8:30 pm							
8:30 - 9 pm														8:30 - 9 pm							

- There is no open swim during our group swim lesson times
- During Parent Tot Hour, the water features are not turned on and is designated for kids under the age of 6
- If the slide is not on during the times above, ask a lifeguard and they can open it up for you
- The hot tub and steam room are open to guests age 9 and up all day
- This schedule is subject to change without notice

Color Code Key
Fitness classes
Adult water walking
Open Swim
Slide Available
Parent Tot Hour
Swim lessons