

Carbon Valley Parks and Recreation District

Lap Pool Schedule - March 26 - April 27



		Sunday						Monday						Tuesday						Wednesday						Thursday						Friday						Saturday												
Lane number		1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	Lane number
5:30 - 6 am		Pool open 10 am - 4:30 pm						Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking				Pool open 7:30 am - 4:30 pm						5:30 - 6 am												
6 - 6:30 am								Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking										6 - 6:30 am												
6:30 - 7 am								Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking										6:30 - 7 am												
7 - 7:30 am								Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking										7 - 7:30 am												
7:30 - 8 am								Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking										7:30 - 8 am												
8 - 8:30 am								Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking										8 - 8:30 am												
8:30 - 9 am								Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking										8:30 - 9 am												
9 - 9:30 am								Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking										9 - 9:30 am												
9:30 - 10 am		Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking				Lap swim		Adult water walking				9:30 - 10 am																								
10 - 10:30 am		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		10 - 10:30 am																		
10:30 - 11 am		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		10:30 - 11 am																		
11 - 11:30 am		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		11 - 11:30 am																		
11:30 - noon		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		11:30 - noon																		
12 - 12:30 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		12 - 12:30 pm																		
12:30 - 1 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		12:30 - 1 pm																		
1 - 1:30 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		1 - 1:30 pm																		
1:30 - 2 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		1:30 - 2 pm																		
2 - 2:30 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		2 - 2:30 pm																		
2:30 - 3 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		2:30 - 3 pm																		
3 - 3:30 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		3 - 3:30 pm																		
3:30 - 4 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		3:30 - 4 pm																		
4 - 4:30 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		4 - 4:30 pm																		
4:30 - 5 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		4:30 - 5 pm																		
5 - 5:30 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		5 - 5:30 pm																		
5:30 - 6 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		5:30 - 6 pm																		
6 - 6:30 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		6 - 6:30 pm																		
6:30 - 7 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		6:30 - 7 pm																		
7 - 7:30 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		7 - 7:30 pm																		
7:30 - 8 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		7:30 - 8 pm																		
8 - 8:30 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		8 - 8:30 pm																		
8:30 - 9 pm		Swim team		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Lap swim		Diving board/ Climbing wall				Swim Lessons		Lap Swim		Swim lessons		8:30 - 9 pm																		

- Our goal is to always have at least one lap lane available for use at all time, but there are some times where that is not possible due to programming and user groups
- There is no open swim during our group swim lesson times
- The hot tub and steam room are open to guests age 9 and up all day
- This schedule is subject to change without notice

Color Code Key	
Lap Swim	Fitness classes
Adult water walking	Swim lessons
Diving Board/Climbing Wall	Swim team/group