

Carbon Valley Parks and Recreation District

Lap Pool Schedule - March 12-18



		Lap Pool																																																								
		Sunday						Monday						Tuesday						Wednesday						Thursday						Friday						Saturday																				
Lane number		1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	Lane number		
5:30 - 6 am	Pool open 10 am - 4:30 pm							Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Pool open 7:30 am - 4:30 pm		5:30 - 6 am
6 - 6:30 am								Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Pool open 7:30 am - 4:30 pm		6 - 6:30 am
6:30 - 7 am								Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Pool open 7:30 am - 4:30 pm		6:30 - 7 am
7 - 7:30 am								Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Pool open 7:30 am - 4:30 pm		7 - 7:30 am
7:30 - 8 am								Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Pool open 7:30 am - 4:30 pm		7:30 - 8 am
8 - 8:30 am								Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Pool open 7:30 am - 4:30 pm		8 - 8:30 am
8:30 - 9 am								Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Pool open 7:30 am - 4:30 pm		8:30 - 9 am
9 - 9:30 am								Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Pool open 7:30 am - 4:30 pm		9 - 9:30 am
9:30 - 10 am								Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Lap swim						Adult water walking						Pool open 7:30 am - 4:30 pm		9:30 - 10 am
10 - 10:30 am	Lap Swim	Diving board/ Climbing wall					Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Swim Lessons	Lap Swim	Swim lessons	10 - 10:30 am
10:30 - 11 am							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		10:30 - 11 am	
11 - 11:30 am							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		11 - 11:30 am	
11:30 - noon							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		11:30 - noon	
12 - 12:30 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		12 - 12:30 pm	
12:30 - 1 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		12:30 - 1 pm	
1 - 1:30 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		1 - 1:30 pm	
1:30 - 2 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		1:30 - 2 pm	
2 - 2:30 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		2 - 2:30 pm	
2:30 - 3 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		2:30 - 3 pm	
3 - 3:30 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		3 - 3:30 pm	
3:30 - 4 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		3:30 - 4 pm	
4 - 4:30 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		4 - 4:30 pm	
4:30 - 5 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		4:30 - 5 pm	
5 - 5:30 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		5 - 5:30 pm	
5:30 - 6 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		5:30 - 6 pm	
6 - 6:30 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		6 - 6:30 pm	
6:30 - 7 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		6:30 - 7 pm	
7 - 7:30 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		7 - 7:30 pm	
7:30 - 8 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		7:30 - 8 pm	
8 - 8:30 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		8 - 8:30 pm	
8:30 - 9 pm							Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Lap swim						Diving board/ Climbing wall						Pool open 7:30 am - 4:30 pm		8:30 - 9 pm	

- Our goal is to always have at least one lap lane available for use at all time, but there are some times where that is not possible due to programming and user groups
- There is no open swim during our group swim lesson times
- The hot tub and steam room are open to guests age 9 and up all day
- This schedule is subject to change without notice

Color Code Key	
Lap Swim	Fitness classes
Adult water walking	Swim lessons
Diving Board/Climbing Wall	Swim team/group