

JUNE - AUGUST 2021

SUMMER GUIDE

CARBON VALLEY PARKS AND RECREATION DISTRICT

Visit www.cvprd.com for program information and to register.



ACTIVE ADULTS

- Drive-in Bingo
- Friendly Fork Senior Lunch
- Drop in cards, crafts, and G.I. Coffee Hour
- Virtual and in-person SilverSneakers fitness classes
- Special events, newcomer get-togethers

ADULT SPORTS

- Coed and men's softball
- Coed 4v4 volleyball
- Horseshoes
- Karate

AQUATICS

- Aqua fitness classes
- Lifeguard training
- Open and lap swim
Reservations required for lap swim
- Group & private swim lessons

GYMNASTICS

- Gymnastics classes for ages 4 and older (12 week sessions resume in July)
- Open Gym (ages 1 - 16)
Reservations required
- Parent-Tot class

YOUTH SPORTS & PROGRAMS

- Advanced Care Pediatric CPR/First Aid
- Advanced Care CPR Babysitting Training
- Babysitting training workshop
- Dance
- Junior Trainers
- Karate
- Carbon Valley Mini Camps
- Skateboarding
- Skyhawks Sports camps
- SuperTots Sports classes

FITNESS

- Body composition testing
- Land and aqua fitness classes
- Personal training
- Private yoga sessions
- Yoga in the Park
- Weight and cardio room orientation



CARBON VALLEY
PARKS & RECREATION DISTRICT

Carbon Valley Recreation Center
701 5th Street, Frederick
303-833-3660

Carbon Valley Senior Center
1660 Frederick Way, Frederick
303-833-2739

Carbon Valley Gymnastics Center
1660 Frederick Way, Frederick
303-833-7225

REC CENTER ADMISSION FEES & PASSES

All fees include use of the recreation center and drop-in fitness classes.

DAILY ADMISSION

Age	District	Non-District
Youth (5-17 years)	\$3.50	\$5.50
Adult (18-54 years)	\$5.00	\$7.00
Senior 55+	\$4.00	\$6.00

20 VISIT PASS

Age	District	Non-District
Youth (5-17 years)	\$53	\$100
Adult (18-54)	\$84	\$126
Senior 55+	\$63	\$105

Expires 12 months from date of purchase. Non-refundable.

MONTHLY

Age	District	Non-District
Youth (5-17 years)	\$23	\$53
Adult (18-54)	\$37	\$69
Couple	\$58	\$90
Family up to 6*	\$79	\$111
Senior 55+	\$26	\$53
Senior Couple	\$47	\$69

Expires one month from purchase date. Non-refundable. Maximum 6 people per family pass, 2 adults and 4 kids.

FACILITIES

RECREATION CENTER

☎ 303-833-3660
 📍 701 5th Street
 Frederick, CO 80530

Monday - Friday.....5:30 am - 9 pm
 Saturday.....7:30 am - 5 pm
 Sunday.....10 am - 5 pm
 Pool closes 30 minutes prior to close of building.

GYMNASTICS CENTER

☎ 303-833-2765
 📍 6615 Frederick Way
 Frederick, CO 80530

CVPRD facilities will be closed on Sunday, July 4.

Visit www.cvprd.com for more information. Follow us on Facebook, Instagram, Twitter, and Nextdoor.

QUARTERLY

Age	District	Non-District
Youth (5-17 years)	\$58	\$90
Adult (18-54)	\$105	\$137
Couple	\$168	\$210
Family up to 6*	\$184	\$230
Senior 55+	\$74	\$95
Senior Couple	\$137	\$171

Expires three months from purchase date. Maximum 6 people per family pass, 2 adults and 4 kids.

ANNUAL

Age	District	Non-District
Youth (5-17 years)	\$210	\$336
Adult (18-54)	\$368	\$494
Couple	\$551	\$689
Family up to 6*	\$683	\$854
Senior 55+	\$273	\$357
Senior Couple	\$420	\$546

Monthly billing is available for an additional \$2 per month processing fee. Maximum 6 people per family pass, 2 adults and 4 children.

Active and retired military personnel receive 15% off daily admission and all memberships.

ANNUAL SHUTDOWN

The rec center will be closed August 23 - 29 and the pool will be closed August 17 - 29 for annual maintenance and upgrades.